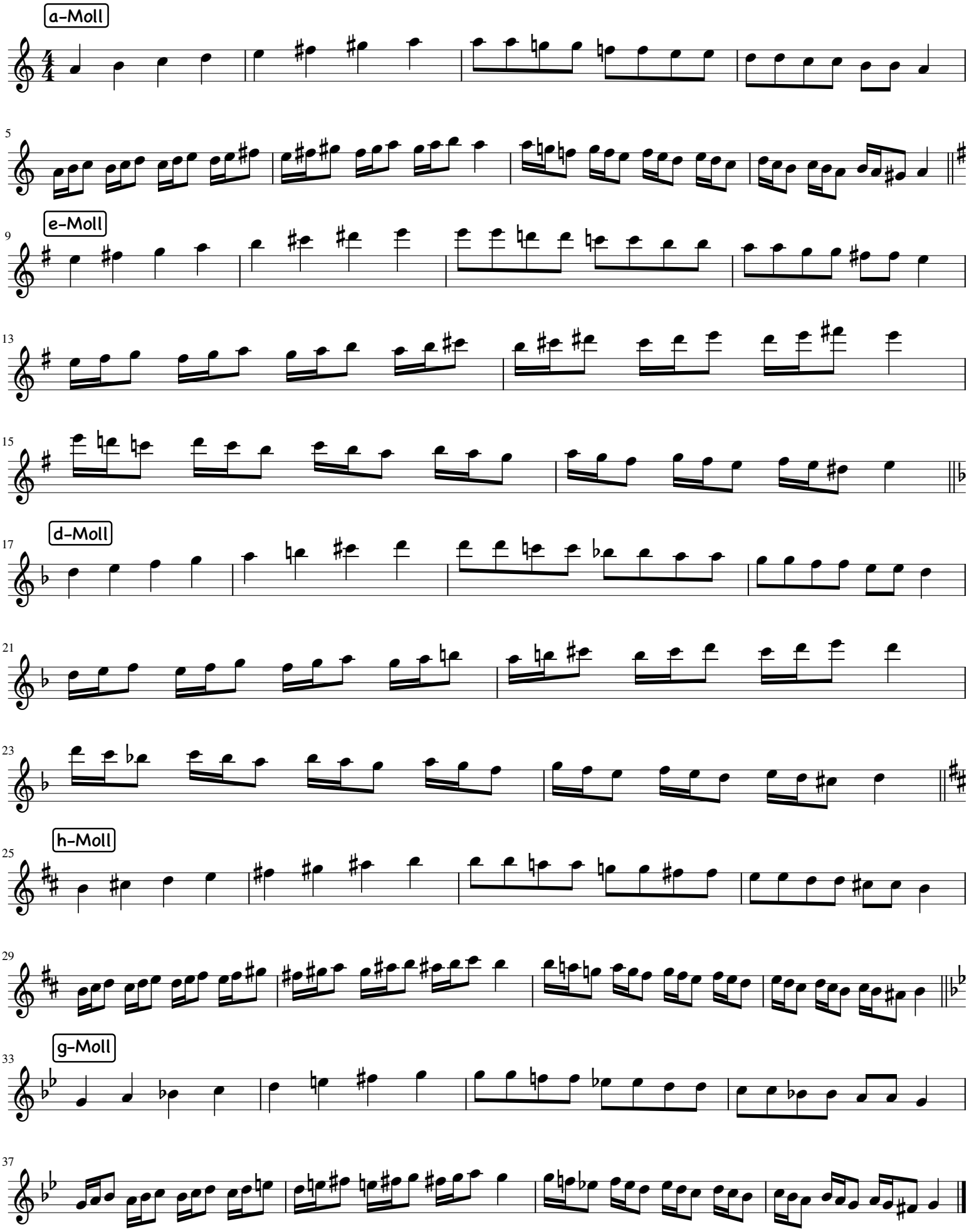
Tonleiter

...hoch und runter!